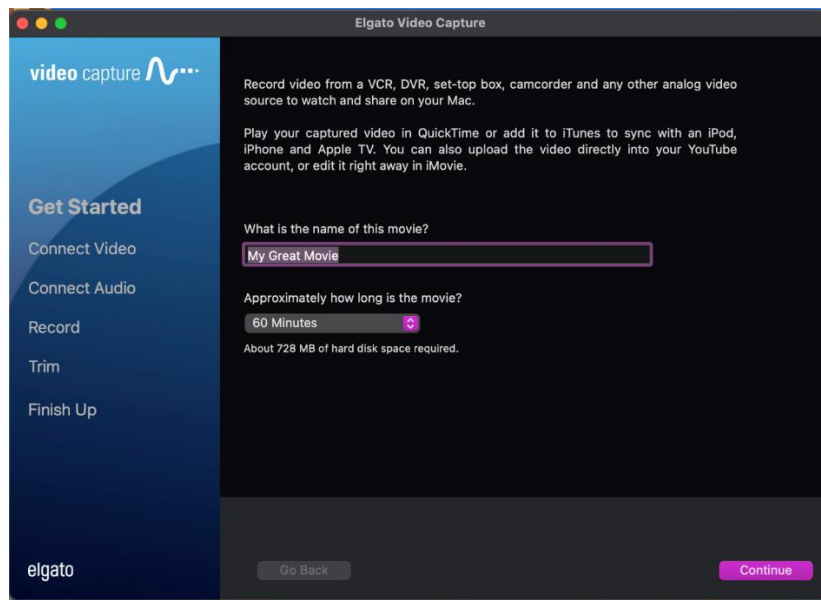# VHS Digitizing Guide

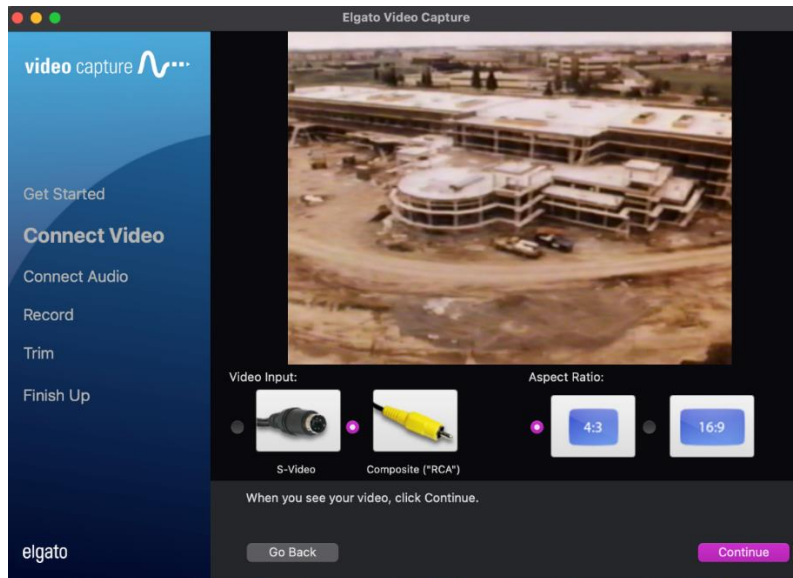1. Insert VHS tape into VHS player.

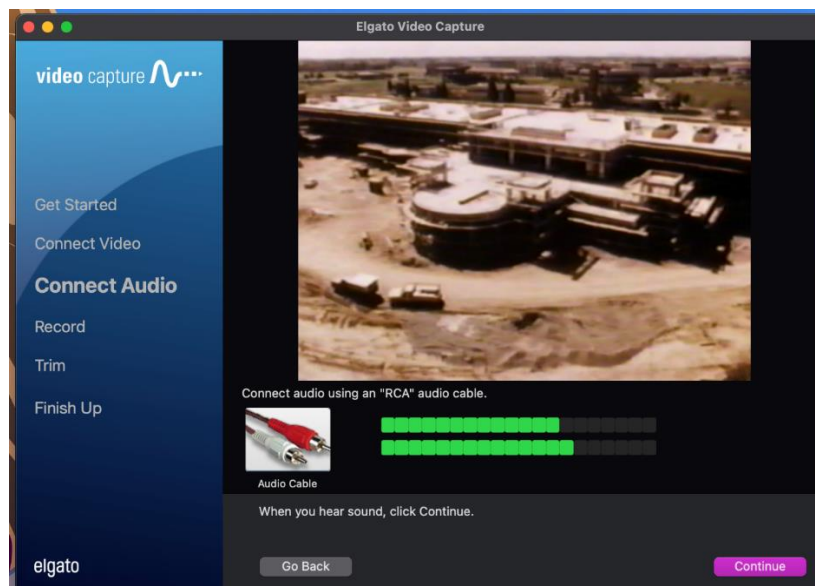2. Launch Elgato Video Capture program from the taskbar.

3. Name the file and specify the length of the video to be digitized (approximately). Click *Continue*.

4. Press Play on VCR; choose Composite input and aspect ratio. The aspect ratio should match the source (4:3 for standard or 16:9 for widescreen). Once you see your video playing, click *Continue.*
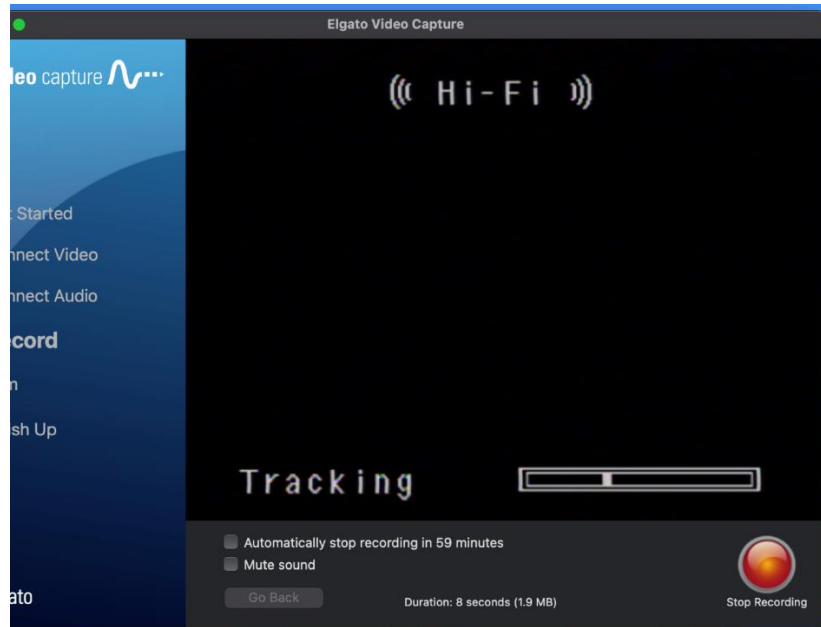

5. Listen for source audio. If the volume meter goes into the red, the audio is too loud which might indicate distortion. Otherwise, click *Continue*.
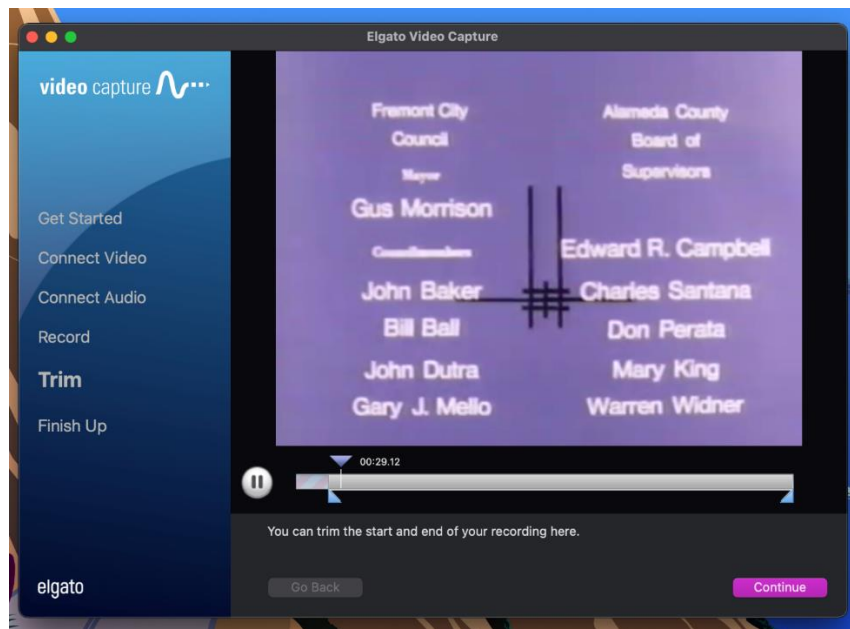

6. Stop and rewind the videotape, click *Start Recording,* and press Play on VCR. The video capture tool will record in real-time (i.e., a 60-minute video will take 60 minutes to record.) At the end of the video, click *Stop Recording*.
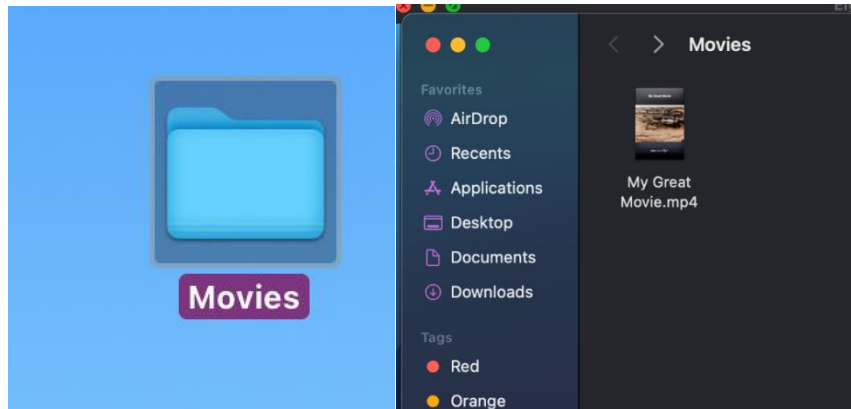
a. **Note:** Select "Automatically stop recording at X minutes" to stop recording at the end of the time selected in Step 3.

7. Use the trim tool to adjust the beginning and end of the recording to remove any unwanted video or blank sections. Click *Continue* when finished.

8. The saved video (found in the Movies folder on the desktop) can be exported from the computer to a USB drive or uploaded to a cloud service.

9. Click *Quit* to close software or click again to capture a new source.